Year: 2022-23

Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs) during the year





Khatra Adibasi Mahavidyalaya

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Website: www.kamv.ac.in
NAAC Accredited B+ (2nd Cycle)

Sl.	Title of the Programme	Name of	Year of	Number of
No.		the	the	students
		scheme	activity	participated
				in such
				activities
1	Gender Sensitization and Society: Breaking	College fund	2023	27
	Stereotypes		2023	27
2	International Youth Day Celebration	College fund	2022	70
3	75 Years of Independence Day Celebration	College fund	2022	100
4	NSS Day Celebration	College fund	2022	107
5	Students' Week Celebration (Campus Cleaning)	College fund	2023	100
6	Blood Donation Camp	Red Ribbon Club Grant	2023	18
7	Awareness Programme on Anti-Tobacco Day	College fund	2023	14
	11wateness 11egammie on 1ma 1eeacce Bay		2020	11
8	World Bicycle Day	College fund	2023	10
9	Celebration of World Environment Day	College fund	2023	23
10	International Yoga Day Celebration	College fund	2023	50

Whatta A that's Habankura

Principal

Adibasi Mahavidyah Mahavidy

Report

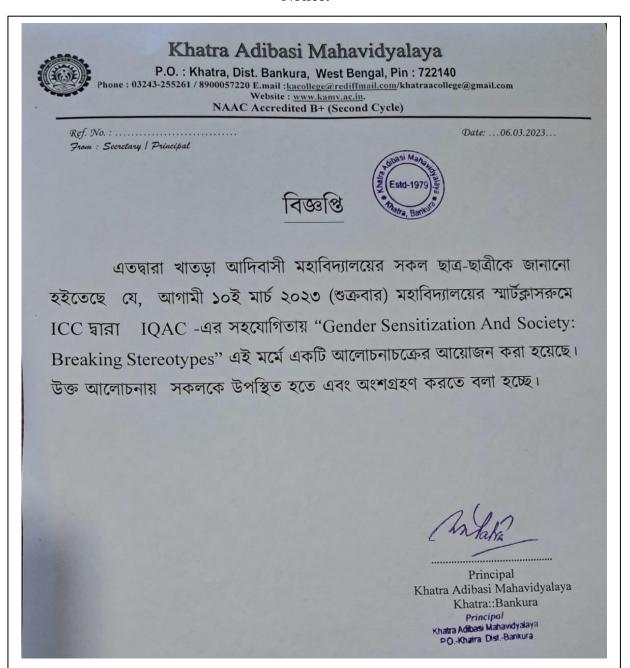
Gender Sensitization Program at Khatra Adibasi Mahavidyalaya

Date: March 10, 2023

Organized by: Internal Complaint Cell (ICC)

Event: Seminar on "Gender Sensitization and Society: Breaking Stereotypes"

Notice:



Introduction:

The Internal Complaint Cell (ICC) at Khatra Adibasi Mahavidyalaya organized a program on "Gender Sensitization and Society: Breaking Stereotypes" on March 10, 2023. The primary objective was to raise awareness among students about the pressing issue of gender-related stereotypes in our society.

Attendance and Participation:

The program witnessed enthusiastic participation from students across various departments. The active involvement of the students demonstrated a keen interest in understanding and addressing gender-related issues prevalent in society.

Key Activities:

• <u>Interactive Sessions:</u> Students actively engaged in interactive sessions with teachers, sharing their experiences and perspectives on gender-related matters. This created a dynamic platform for open dialogue.

• Address by ICC Representatives:

•

Dr. Kamalika Chakraborty: Dr. Chakraborty, a member of the ICC, addressed the gathering, emphasizing the importance of gender sensitization and challenging societal stereotypes. Her insights provided valuable context to the students.

Ms. Madhumita Biswas: Ms. Biswas contributed to the program by sharing her knowledge and experiences in the field of gender studies. Her presence added depth to the discussions, encouraging students to think critically.

Dr. Rima Barik: Dr. Barik, another representative from the ICC, addressed the students, stressing the need for breaking stereotypes and fostering a more inclusive and equitable society. Her expertise contributed significantly to the overall impact of the event.

• Question and Answer Session:

Following the addresses, a question-and-answer session allowed students to pose queries and seek clarification on various aspects of gender sensitization. The interaction facilitated a deeper understanding of the issues at hand and provided a platform for addressing students' concerns.

Conclusion:

The "Gender Sensitization and Society: Breaking Stereotypes" program organized by the ICC at Khatra Adibasi Mahavidyalaya proved to be a successful initiative in creating awareness and fostering dialogue on gender-related issues. The event not only provided valuable insights but also encouraged students to actively participate in the ongoing conversation surrounding gender sensitization.

Recommendations:

To build on the success of this program, it is recommended that Khatra Adibasi Mahavidyalaya continues to organize similar initiatives, workshops, and discussions on gender-related topics. Creating an inclusive campus culture that actively addresses stereotypes and promotes gender equality should be an ongoing endeavor.

Some photos of the programme are attached here:





The attendance report of the programme is pasted here:

	Organised By - ICC, Khatra Adibasi Mahavidyalaya Session :- 2022-23 Date: 10th March 2023		
I. No.	Students Name with Semester	Signature	
1 .	D B 1 11- Coth - 1		
2	Shroua Patra (VI Bem)		
	Nise Phatien (AM SEMESTER)		
4	Arbeta Pati II nd sem		
345	Dayamou Konar (VI sem)		
6	NILESH LAYER IV SEM		
7	Songila Gaziar (ATS sem)		
8	Shipa Mariek VI SUM		
9	Horsing Yarmin I Sen.		
10	Dipika Granai TV Sem		
11	Riya Mandal (ATh SEM)		
12	Dula ! Mumory II Som		
13	Mousami Duley (und sm)		
14	Sathi Tantubay TX sem		
15	Knishill Roy (410 sem)		
16	Manasaram Pal (2nd Sem)		
17	SUDIP MIDI (ATT SEM)		
18	More Patro (Athern)		
19	Puja Biswas (2hd sem)		
20	Chetana Palza (2nd Sem).		
21	A-tim Briswas 1 4th Sen)	
22	Musma Patra (2nd		
23	C Bartis (4th)		
	Samon State Chather	^)	
24	Alica Charles (64	61	
25	Bonamie Che	Th'	
26	Bidhen Danger Co	Carl	
27.	Riya Rahaman II	Ten	
	Teachers Attended:		
	Qina Bank		
	14 like Chaliaborty		
	Kamalika Chaliaborty Madhimila Bisway.		
	Madhimila rangero.		



Khatra Adibasi Mahavidyalaya

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Website: www.kamv.ac.in NAAC Accredited B+ (2rd Cycle)

National Service Scheme

-: REPORT:-

INTERNATIONAL YOUTH DAY

(12th August, 2022 (FRIDAY) Organized by NSS UNITS (Unit- I, II & III) Khatra Adibasi Mahavidyalaya

Introduction:

As per the instruction provided by Ministry of Youth Affairs and Sports, Govt. of India vide Memo no. F.NO P-33-1/NSS/RD/KOL/2022-23/2563-2649, dated 8th August, 2022, the NSS Units of Khatra Adibasi Mahavidyalaya organized a Tree Plantation Programme to celebrate International Youth Day on 12.08.2022 (Friday) at our Khatra Adibasi Mahavidyalaya collegecampus.

Participants:

70 NSS volunteers, NSS Programme Officers of three NSS Units (I, II and III) and ten faculty members from various departments participated in this afforestation programme with a view to enhancing the greenery of our eco-friendly college campus. 70 saplings were planted in this programme.

Motto:

Green is symbol of youth and vigour. Hence, we chose to conduct the tree plantation programme to encourage the youth and to motivate them to make the planet a better place to live thereby sensitizing them about ecological concerns.

Expenditure:

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A modest amount of Rs. 800 was spent to conduct this programme.

Programme Officer N.S.S. Unit-1 елејелривнам кезгру едеух кнага Adibasi Mahavidyalaya

Khatra :: Bankura

Khatra, Bankura

Snavshot: International Youth Day celebration Images at Khatra Adibasi Mahavidyalaya, Maklara on 12/08/2022







Programme Officer N.S.S. Unit-1 Khalra Adibasi Mahavidyalaya Khalra di Berikura

Principal Ionara Adoas Mahandyataya Mharra Bankara Snapshot: International Youth Day celebration Images at Khatra Adibasi Mahavidyalaya,

Maklara on 12/08/2022



Programme Officer N.S.S. Unit-I Khatra Adibesi Mehavidyalaya

Khatro :: Blonkura

Khatra Adibasi Mahavidyalaya Khatra Bankura

=:REPORT:=

75 Years of Independence Day Celebration (Azadi Ka Amrit Mahotsav)



(75years of Independence)

12th -15th AUGUST, 2022 (FRIDAY)

Organised by

NSS UNITS (I, II AND III)

KHATRA ADIBASI MAHAVIDYALAYA

Introduction:

As per the instruction provided by Ministry of Youth Affairs and Sports, Govt. of India vide Memo no. F.NO P-33-1/NSS/RD/KOL/2022-23/2714-2800, dated 8th August, 2022, the NSS Units of Khatra Adibasi Mahavidyalaya organized Har Ghar Tiranga Campaign to celebrate 76th Independence Day at our NSS adopted villages, namely Gour Mandipur, Kharban and Makrara.

Participants:

100 NSS volunteers, NSS Programme Officers of three NSS Units (I, II and III) and five faculty members from various departments participated in this campaign. Indian flags were distributed to each house at these adopted villages. They were requested to hoist these flags to celebrate our glory of 75th Independence Day. Young members of the houses were encouraged to take selfies with the Tricolour and post it on social media with hashtag "#harghartiranga".

Motto

This outreach programme of celebrating our 76th Independence Day as Aazadi ka Amrit Mahotsav is a way of celebrating our patriotism and love for our motherland.

Expenditure:

A modest amount of Rs. 2500/- was spent to conduct this outreach programme.

Principal

Charge Adibasi Mahasidyasaya

Khali a. Bankusa

Unit-I at Makrara (13/08/2022)









Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya Khatra :: Bankura Principal
Khatra/Adibasi Mahavidyaiara
Khatra, Bankura



Programme Officer N.S.S. Unit-1 Khatra Adibasi Mahavidyalaya Khatra :: Bankara





NSS Unit-III at Gourmandipur (13/08/2022)



Programme Officer
N.S.S. Unit-1
Khatra Adibasi Mahavidyalaya
Khatra edhashura

Principal
Nhatra Adibasi Mahavidyelaya
Khatra, Bankura



National Service Scheme

Khatra Adibasi Mahavidyalaya

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NAAC Accredited B+ (2nd Cycle)



-: Report:-

NSS Day Celebration

National Service Scheme Unit-I, II & III Khatra Adibasi Mahavidyalaya

Introduction:

National Service Scheme has an important role in society development and creating awareness among students and their locality through the voluntary activities performed by them. As per guidelines provided by National Service Scheme (2006), every institution has to celebrate NSS Day programme as a regular activity. NSS Day is celebrated every year in India on 24th September. NSS Unit I, II & III organized NSS Day Celebration on 24th September 2022 (Wednesday).

Participants:

In this Programme Dr. Parthasarothi Hati, Ex-programme officer, NSS, Dr. Arindam Chakraborti, IQAC Co-Ordinator, Dr. Asif Ikbal, Assistant Professor, Department of Mathematics, NSS Programme officers, 107 volunteers of NSS Units (Unit-I, II & III) and 7 faculty members from various departments participated.

Goal:

National Service Scheme Day celebration develops awareness among volunteers and community by organizing various programmes. NSS day celebration develops a strong sense of responsibility towards the betterment of society, that will develop each volunteer's personality through community service.

Motto:

"Not Me but You"

Aims and Objectives: -

To understand the community in which they work, their relations to that community, and to develop a strong sense of responsibility towards the betterment of society. NSS day celebration is a programme that aims at the development of each volunteer's personality through community service. NSS Day is a celebration to commemorate the tireless efforts of each volunteer towards the welfare of one and all.

> Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya Khatra :: Bankura

Principal

Chaira Adbasi Mahavidysiaya

Khaira, Bankura

Secondly, students have to made aware about importance of this date.

Thirdly, if the people are aware, they are able to construct the patriotism which can build a strong nation.

Events:

On this day, Dr. Satyajit Dutta, Programme Officer, NSS Unit-I directed NSS volunteer Shatabdi Roy & Arpita Halder to present the opening song in that programme.

Snapshot: NSS Day Celebration



Dr. Parthasarothi Hati, Ex-programme officer, NSS, Khatra Adibasi Mahavidyalaya, Dr. Arindam Chakrabarti, IQAC Co-ordinator, Amalendu Mandal Sir, Saiful Ansari, Assistant Professor, Department of Political Science & Dr. Aktar Hossain, NSS Programme officer, Unit-III delivered their thoughtful talk about NSS day in front of the NSS Volunteers, Unit-I.

Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya Khatr: :: Bankura

Khatra Adibasi Mahavidyaraya

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Khatra, Bankora

Snapohot See Day Celebration







NSS volunteers performed different asana (Yoga) to motivate everyone about yoga.





Anindya Ghosh, Sk Jaffaruddin & some of the NSS United volunteers presented a Sruti Natok to develop awareness about the importance of environment preservation.





Programme Officer N.S.S. Unit-1 Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

Amona Adibasi Mahavidyalaya Charra, Bankura

Dr. Parthasprothi Hati delivered his heart touching talk about his huge experience as a programme officer in this college, about the importance of the NSS Day and role and responsibilities of NSS volunteers. He said, NSS motto is "Not me but you" means NSS volunteers are doing their work not for personal achievement but they are doing their work for making a new society because society has played an important role in our development so it is our duty to help in the development of the society now. We had gone through the Covid 19 pandemic situation where we were restricted in most of our activities in daily life. NSS could not do its work as done in every other during this period. Dr. Hati was hopeful that things will soon return back to the track as before. Then, Dr. Arindam Chakrabarti delivered his thought-provoking speech regarding aims and objectives of this day. Dr. Asif Ikbal and Saiful Ansari also provided their idea regarding NSS Day and appealed to the students to join NSS and work actively. After the speeches, Dr. Sk Aktar Hossain, Programme Officer, NSS Unit-III asked the NSS volunteers to share their experience of doing NSS activities. Laxmikanta Pal, Manjura Mudi and Nila Garai shared their enjoyable and valuable experiences.





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Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya. Khatra o Bankura

fibesi Mahavidyalaya na Sankura

Prize Distribution

NSS programme officers introduced a prize distribution ceremony on the occasion of NSS Day Celebration to motivate the volunteers for their good behavior and active participation round the year in NSS work.





Programme Officer
N.S.S. Unit-I
Khatra Adibasi Mahavidyalaya

Minopoli Matara Adibasi Mahavidyalaya Khatra, Bankura

Sapling Distribution for Plantation:

On this day, after the prize distribution, 100 saplings were distributed to the volunteers, NSS Units (Units-I, II & III) for plantation outside the college campus.



Plantation:

Saplings were implanted by volunteers of the NSS Units (Unit-I, II & III) outside the college campus under the guidance of programme officers.



Programme Officer N.S.S. Unit-1 Khatra Adibasi Mahavidyalaya Khatra :: Bankura

Principal

Principal

Address Mahavidyalaya

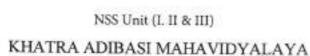
Khasia, Bankura

Campus Cleaning

on Students Week Celebration

-: Report:-

Organised by



Introduction:

As per the instruction provided by University Branch, Department of Higher Education, Government of West Bengal vide Memo no. F No. 1036-Edn(U)/HED-12016(21)/12/2022-UNV SEC-Dept. of HE Date: 27.12.2022. KhatraAdibasiMahavidyalaya organized a Campus Cleaning Programme to celebrate Student Week on 05.01.2023 (Thursday) at our KhatraAdibasiMahavidyalayacampus.

Participants:

100 Students and ten faculty members from various departments participated in this Campus Cleaning programme with a view to clean the college compus in this programme,

Motto:

Practicing cleanliness is a very good habit. Cleanliness is next to godliness. For physical and mental wellbeing of the students, clean environment in the college campus is essential.

Aims and Objectives: -

- Ø The basic objective of the day's celebration is to develop the habit of cleanliness among the students and make them aware about the importance of health and hygiene.
- Ø Secondly, active participation of the students will develop mutual bonding and respect for each other.
- Ø Pollution free environment of the college campus makes students' learning more effective.

Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya Khatra :: Bankura

Kharra, Bankura



Events: -

In this event, a cleanliness programme was organised by KhatraAdibasiMahavidyalayaon the occasion of Students Week on 05/01/2023 in the leadership of Dr.Nityananda Patra, Principal of KhatraAdibasiMahavidyalaya. At the onset Principal of the college discussed how the pragramme will be conducted. Henceforth 95 students and 11 faculty members from various departments started their work of cleanliness with brooms and spade in different places of this college campus. The students gathered different types of garbage, heaped them outside the college and kept them in an appropriate place. At the end of the programme principal of the college appreciated the efforts of the students and teachers towards campus cleaning.



Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya Khatra :: Bankura

Adibasi Mahavidyalaya Khatra, Bankura





Programme Officer N.S.S. Unit-1 Khalra Adibasi Mahavidyalaya Khalra :: Bankura

Khatra Achbani Mahawidyalaya Khatra, Bankura



Khatra Adibasi Mahavidyalaya

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Website: www.kamv.ac.in NAAC Accredited B+ (2^{ed} Cycle)



Title of the programme: Blood Donation Camp

Organized by: Red Ribbon Club, NSS and NCC, Khatra Adibasi

Mahavidyalaya

Date of the programme: 18th March 2023

Number of teacher participants: 5

Number of student participants: 18

Place of activity: Khatra Adibasi Mahavidyalaya

REPORT

Blood Donation Camp

Organized by

Red Ribbon Club, NSS & NCC Khatra Adibasi Mahavidyalaya

Introduction:

Volunteers of Red Ribbon Club, NSS Unit-I, II & III. Khatra Adibasi Mahavidyalaya organized "Blood Donation Camp" on 18/03/2023 in Hall 2 of Khatra Adibasi Mahavidyalaya.

Aims and Objectives:

The Red Ribbon has become an international symbol of solidarity and support for people living with HIV. Wearing a red ribbon is a simple and powerful way to challenge the stigmta and prejudice surrounding AIDS, Red Ribbon concept was inspired by the yellow ribbons honouring American solidiers serving in the Gulf war. Red Ribbon concept was framed to symbolize support and solidarity for people living with HIV and to remember those who have died from AIDS-related illnesses. The colour red was chosen for its, "connection to blood and the idea of passion — not only anger, but love, like a valentine," the Project founders say. Volunteers of Red Ribbon Club, NSS Unit-L II & III, Khatra Adibasi Mahavidyalaya organized 'Blood Donation Camp" on 18/03/2023 in Hall 2 of Khatra Adibasi Mahavidyalaya.

Outcome:

· 23 volunteers donated blood to make this event a grand success.

Programme Officer N.S.S. Unit-1 Khatra Adibasi Mahavidyolayo Khazar :: Bankura

Humb Astrae Mahamayalaya

Suapshot: Blood Donation Camp







Programme Officer N.S.S. Unit-1 Khaha Adibasi Mahavidyalaya Khaha :: Bankura

Alternation Manuschy auco

Snapshot: Blood Donation Camp



THE PERSON

Programme Officer N.S.S. Unit-I Yhama Atloasi Mahavidyakaya Khaka :: Bankura

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Khatra Adibasi Mahavidyalaya



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NAAC Accredited B+ (2nd Cycle)

REPORT AWARENESS PROGRAMME ON ANTI-TOBACCO DAY

Organized by
NSS Unit I, II & III
KHATRA ADIBASI MAHAVIDYALAYA

Khatra, Bankura

Introduction:

National Service Scheme has an important role in society development and creating awareness among students and their locality through the voluntary activities performed by them. As per guidelines provided by National Service Scheme (2006). Every Institution has to organize awareness programme as a regular activity. National Service Scheme Unit-I, II & III, Khatra Adibasi Mahavidyalaya organized various health related awareness programme on Anti-Tobacco Day 31 a May, 2023 (Wednesday).

Goal:

The most useful word in our life is 'Prevention is better than care'. Goal of this programme is to develop awareness about healthy lifestyle among the people of the summending area of Khatra. The aim of the programme was to refrain people from use of any type of tobacco and the associated by-products sold in readside shops; which is the cause of cancer and most of the OCD problems.

Aims and Objectives: -

- The basic objective of this rally was to develop awareness among the students about the Tobacco and its fatal effects on human health.
- Secondly, to grow potentials among the students such that they can make aware the people in the society about the preventive measures including their own locality in this matter.
- Thirdly, If the people are aware of this matter, they can slowly take themselves away from consuming tobacco and the related products which can lead them towards a healthy lifestyle and save money also.
- We know the proverb, 'Health is wealth'. This awareness can contribute towards healthy life and good habit which can build a good character.

Programme Officer N.S.S. Unit-1 Khatra Adibasi Mahavidyalaya Khatra T. Bankura

Charte Adibasi Maharidyaloya Kharra, Banhura

Anti-Tobacco Day Rally



Introduction:

National Service Scheme Unit-I, II & III, Khatra Adibasi Mahavidyalaya organized an Awareness rally on Anti-Tobacco Day from Pump More, Khatra to Kharbon (Adopted Village) via Khatra Bazar.

Participants:

3 Programme officers, 14 NSS Volunteers of and 2 faculty members from various departments participated in this rally with a view to aware people of the surrounding area of Khatra about the harmful effects of use of tobacco. Due to prevailing heat few volunteers attended this rally.

Events:

The volunteers of NSS Units (Unit-I, II & III) under the able guidance of NSS Programme officers and faculty members started Anti-Tobacco Rally from Pump More, Khatra to Kharbon (Adopted Village) via Khatra Bazar in accordance with the permission of Dr. Nityananda Patra, honourable Principal of this college. The NSS volunteers visited the adopted village and interacted with the local public. The volunteers appealed to the villagers of Khatra Bazar to gather at the centre of the village. The NSS programme Officers delivered their valuable lecture on ANTI-TOBACCO DAY and its significance. They interacted with the common people of the adopted village, Kharbon to aware them and requested them to give up consumption of tubacco. With this the rally ended.



Unit-I i Mahavidyalaya : Bankura

Khava, Bantura



Programme Officer
N.S. S. Unit-1
Khaita Adbasi Mahawayakaya
Khaita - Sankura

Khara Adbasi Mahandyasaya Khara, Bantura



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NAAC Accredited B+ (2** Cycle)



National Service Scheme

-:Report:-World Bicycle Day

Organised by NSS UNITS (I, II AND III) Khatra Adibasi Mahavidyalaya

Introduction: -

World Bicycle Day is celebrated every year on June 3. The day aims to develop a culture of cycling for basic transportation, commutation, and strengthening physical and mental health. World Bicycle Day draws attention to recognise the longevity, uniqueness, and versatility of the bicycle, and that it is an affordable, reliable, simple, clean and environmentally fit sustainable means of transport. Cycling is a healthy, low-impact exercise that can be enjoyed by people of all ages, the scraped knees and scratched elbows after falling from our cycles are part of what makes childhood memories of playing so nostalgic.

Theme: -

The NSS Units of Khatra Adibasi Mahavidyalaya organised bicycle race in the occasion
of World Bicycle Day on 3rd June 2023. The theate for the year 2023 for World Bicycle
Day was Riding Together for a Sustainable Future.

Aims and Objectives: -

- The basic objectives of the day's celebration are to develop awareness of necessity of a culture of cycling for basic transportation, commutation, and strengthening physical and mental health among NSS volunteers, students and people of the surrounding area.
- Second, NSS volunteers, Students and people of the surrounding locality of Khatra area will understand the need of cycling to avoid pollution free journey and control environmental hazard.

Events: -

A cycle rally was organised by NSS (Unit-I, II & III).50 NSS volunteers, NSS Programme Officers of three NSS (Unit-I, II & III) and two faculty members from various departments participated in this celebration. Before the commencement of the event Akinchan Pal, NSS programme officer of Unit II elaborately discussed the importance and used of that day and also instructed how and where the rally will go forward and be finished.

Programme Official
N.S.S. Unit-1
Ionalia Adibani Makanidyalaya
Ionalia C. B. Pakini

Personal Anthony State of Banks Stat

Mahavidyalaya, NSS programme officers and via Klotra Bazar it ended at Khatra Adibasi Mahavidyalaya, NSS programme officers and NSS volunteers met the people of the bazar and discussed the need and necessity of cycle riding to develop of health and environment. People acknowledged and appreciated the event.

Snapshot: World Bicycle Day







Programme Officer
N.S.S. Unit-1
Khalifa Mahayahaya
Khalifa E Barkura

Khana A Stune Ana androises Khetra, Starters



Khatra Adibasi Mahavidyalaya



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NAAC Accredited B+ (2nd Cycle)

Title of the programme: Celebration of World Environment Day

Organized by: NSS Units I, II and III, Khatra Adibasi Mahavidyalaya

Date of the programme: 5th June 2023

Number of teacher and other non-teaching staff participants: 6

Number of student participants: 23

Place of activity: Khatra Adibasi Mahavidyalaya

REPORT

CELEBRATION OF WORLD ENVIRONMENT DAY

Organized by

NCC AND NSS UNITS-I, II AND III, KHATRA ADIBASI MAHAVIDYALAYA

Introduction:

Both NCC (National Cadet Corps) and NSS (National Service Scheme) play vital roles in society development and creating awareness among students and their locality by conducting voluntary activities. As per guidelines provided by National Service Scheme (2006), every institution must celebrate International Environment Day every year. NSS Day is celebrated every year in India on 5th June. NSS Units I, II & III organized Sapling Distribution Programme on 5th June 2023.

Programme Officer
N.S.S. Unit-1
Khatia Adibasi Mahavidyalaya
Khatia II Pankura

National Maharidyologo Khoka, Bankura Goals

International Environment Day celebration will grow awareness about the environment among

NSS volunteers. Various programmes are organized on this day to develop a strong sense of

responsibility towards the betterment of society, that will develop each volunteer's personality

through community service.

Motto:

Save green environment and thus save life

Aims and Objectives:

✓ To understand the community in which they work, their relationship with the

community, and to develop a strong sense of responsibility towards the betterment of

society. Both NCC and NSS aim for the development of each volunteer's personality

through community service. World Environment Day is a celebration to save

environment by creating awareness among students and locality.

Secondly, students must be aware about the importance of this date.

Thirdly, if the people are aware, they can contribute towards green environment which

can save our Earth.

Events:

NSS programme officer, volunteers conducted a Supling Distribution Programme on World

Environment Day guided by advisory committee. They collected the sapling from the Ranger,

Khatra Forest Office and gathered in the college campus. NSS Programme Officers of this

college imparted their knowledge regarding importance of this day to the participants. The

saplings were distributed among the volunteers and the NSS Programme Officers instructed

how to implant and take care of the plants properly and that they should report about the

progress of growth of the plants regularly to the programme officer.

Programme Officer N.S.S. Unit-1 Khatra Adibara Mahavidyalaya

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Khatas Adhan Mahambyasan Khatas Adhan dahambyasan Khatas Bentura

- All stakeholders of the college as well residents of the local areas realised the importance of maintaining a pollution free environment inside as well as outside the college campus.
- They realised the importance of tree plantation and this can contribute towards a better campus life as well as social life.

Photographs of the Celebration of World Environment Day on 5th June 2023





Military Management Colored Laboratory (1997)

Plustographs of the Celebration of World Environment Day on 5th June 2023







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Marka Adhan Mahandhaises Whata, Bankura

Photographs of the Celebration of World Environment Day on 5th June 20230









Khatra Adibasi Mahavidyataya Khatra, Bankura





Programme Officer
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REPORT

International Yoga Day Celebration

Organised by

National Service Scheme UNITS (Unit-I, II AND III) Khatra Adibasi Mahavidyalaya

Introduction:

National Service Scheme has important role in society development and in creating awareness among students and their locality through the voluntary activities performed by them. As per guidelines provided by National Service Scheme 2016, every Institution has to organize different celebration programmes regularly. In recognition of the hulistic significance of yuga in the lives of individuals, Khatra Adibasi Mahavidyulaya of NSS Unit-1, II & III celebrated the International Yoga Day on June 21, 2023.

Participants:

Monojit Mandal, SACT, Department of Physical Education, Tapan Patra, NCC Programme officer, 3 NSS Programme officers, 50 NSS volunteers (29 Female, 21 male), students of Philosophy department and Physical Education department participated in the Yoga session on the occasion of International Yoga Day.

Aims and Objectives: -

Yoga is an ancient physical, mental and spiritual practice that originated in India. Today it is practiced in various forms around the world and continues to grow in popularity.

Aims and objectives of the International Yoga Day celebration are following-

- The International Day of Yoga aims to raise awareness among students, NSS volunteers and other stakeholders of the college about the different benefits of practicing yoga.
- Yoga cultivates the ways of maintaining a balanced attitude in day-to-day life and endows skill in the performance of one's actions, so that one can achieve what one wants in one's life.
- Yoga embodies unity of mind and body, thought and action a holistic approach that is valuable to our health and our well-being. Yoga is not just about exercise; it is a way to discover the sense of oneness with yourself, the world and the nature

Events: -

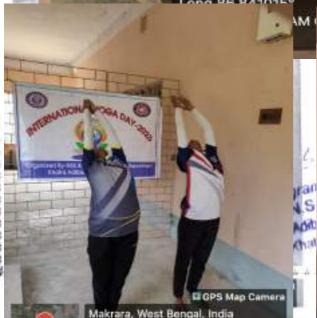
The session started with prayer followed by warm-up after which several uplifting asana, breathing exercises and relaxation techniques were instructed and discussed. NSS programme officers also emphasized the relevance of everyday yoga in preventing ailments, strengthening core and keeping oneself calm. Participants also performed 'Surya Namaskar', 'Padmashan' Dhanurasan', and other various asana in the college.

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